

Success and growth in the US:

Workshop for International students

Application form

Application #

Name: _____

E-mail address: _____

Phone number: _____

Country of origin: _____

Gender: _____ Major: _____

CWID: _____

Year: Freshman Sophomore Junior Senior Graduate Other

How long have you lived in the US? _____

How comfortable do you feel speaking in English?

___ Comfortable

___ Somewhat comfortable

___ Somewhat uncomfortable

___ Uncomfortable

What do you expect from this workshop?

___ Meeting new friends ___ Learn about US culture and life

___ Learn about myself ___ Learn skills such as stress coping skills and time management

___ Other _____

Signature: _____ Date: _____

Please also complete the Group Agreement and Email Consent at
<http://counseling.ua.edu/groups>.